



An Aditya Birla Education Trust Initiative

SCHOOL NEWSLETTER

AUGUST 2026

PRINCIPAL'S

Note

As we embark on another exciting academic year, I am delighted to introduce our annual theme, "Expressions Unlimited."

Expression is at the heart of learning. It is through our words, ideas, creativity, actions, and compassion that we discover who we are and connect meaningfully with others.

"Expressions Unlimited" celebrates the diversity of talents, perspectives, and voices that make our Tabis a vibrant place of learning. Whether through academics, the arts, sports, leadership, or community service, every child has a unique story to tell and gifts to share. I hope this theme inspires our children to think boldly, communicate effectively, and create without limits.

The first quarter has already been filled with remarkably engaging classroom experiences, and memorable events. This newsletter captures many of these moments, reflecting the enthusiasm and dedication of our dear students, staff, and families. I extend my sincere congratulations to everyone who has contributed to making the start of this school year both productive and inspiring.

As we move forward together, let us continue to nurture an environment where every voice is valued, every idea is welcomed, and every student is empowered to grow. May this year be one of fearless discovery, uninhibited creativity and limitless possibilities!

Ms. Aisha Bharmal



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WELCOME TO *School*



Dhiyanshi Chowdhury
Grade - EIP - 1



Adyan Valmiki
Grade - EIP - 2



Daniyaal Karachiwala
Grade - EIP - 2



Danesh Bhathena
Grade - EIP - 2



Ahaan Mathur
Grade - EIP - 3A



Vihana Shah
Grade - EIP - 3A



Miran Srinath
Grade - EIP - 3A



Harshika Batra
Grade - EIP - 3B



Reyansh Jain
Grade - GIP - 2



Smara Kothari
Grade - 1



Abbas Sogiawala
Grade - 1

WELCOME TO *School*



Zahan Khan
Grade - 1



Krishank Chaturvedi
Grade - 2



Tanmay Bachra
Grade - 2



Ebrahim Khargoonwala
Grade - 4



Rudhi Shah
Grade - 5



Aryan Bengali
Grade - 6



Swara Iyer
Grade - 8



Viren Gaikwad
Grade - 8



Hriday Shah
Grade - SL1



Aarav Mallapur
Grade - SL1



Mriganka Mishra
Grade - JCL1



Daniel Kuttatil
Grade - JCL1



WELCOME TO TABIS



Stephy Varghese
Speech Therapist



Sayali Gaikwad
Occupational Therapist



Evania D'souza
DLP Section



Sana Khan
DLP Section



Akanksha Basnath
DLP Section



Gursimrat Nagi
DLP Section



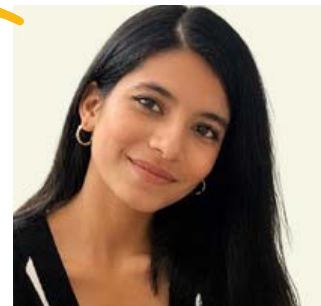
Jessica Furtado
DLP Section



Hiya Shivdasani
Junior Section



Krishna Sitapra
Junior Section



Monali Shah
Junior section



Tiana Rodrigues
Junior Section



Ria Thomas
Senior Section



Tanvi Sonawne
Senior Section



Shruti Chowdhury
Senior Section

KNOWLEDGE *in Action*

DIFFERENTIATED LEARNING PROGRAM



GRADE - EIP 3A

Concepts - Community Helpers - Dentist

Students were introduced to the topic of Community Helpers through an engaging lesson on the dentist using colourful flashcards. They learned that a dentist is a community helper who helps keep our teeth healthy and strong. Students explored foods that are good for their teeth, foods they should limit to maintain healthy teeth, and the instruments a dentist uses during a check-up. The interactive lesson helped students understand the role of a dentist and made learning engaging, meaningful, and effective for all learners.



GRADE - EIP 3B

Math - Colour Identification - Purple

The students strengthened their understanding of the colour purple by sorting a variety of objects based on their colour. Using real-life materials helped generalize learning beyond flashcards and classroom instruction, enabling students to recognize the colour in different contexts. This hands-on experience reinforced colour identification, improved visual discrimination and classification skills, and promoted meaningful, functional learning.



GRADE - GIP 1

EVS - Forest

The children were shown a forest model with wild animals. The teacher explained that a forest has many trees and is home to wild animals. The children observed and identified different animals. This activity helped them understand that forests are natural homes for wild animals and encouraged learning through observation.

KNOWLEDGE *in Action*

DIFFERENTIATED LEARNING PROGRAM



GRADE - GIP 2

Skill Development - Personal Details

A hands-on collage making and matching activity where the students matched their personal details such as their name, age, gender and address with the corresponding pictures. By matching their details to the corresponding images, students were able to better understand and recognize their personal details in an engaging and interactive way. This activity helped build self-awareness and develop essential functional life skills. Learning personal information is an important step towards independence and safety in everyday situations.

GRADE - OBE LEVEL A

DEO - Basics of Computer

Our Foundation Stage 1 students enthusiastically explored Input and Output Devices through engaging PowerPoint presentations. They reinforced their learning with a fun chart-making activity, identifying and sorting different devices into the correct categories. This interactive session strengthened their understanding, observation skills, logical thinking, and confidence while making learning enjoyable.

GRADE - NIOS - FS2

Baking - Cakes

Our baking class was a delightful blend of learning and teamwork as students took turns confidently explaining each step of preparing a caramel cake. From identifying ingredients to describing the mixing and baking process, they actively participated throughout the session. This engaging activity strengthened communication, sequencing, confidence, turn-taking, and collaboration while making learning both meaningful and enjoyable.



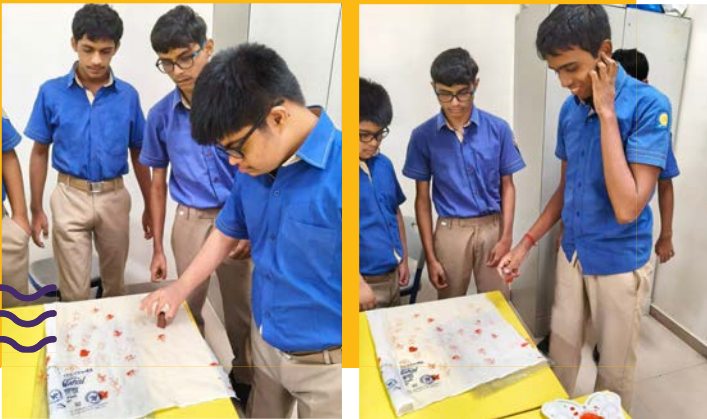
KNOWLEDGE *in Action*

DIFFERENTIATED LEARNING PROGRAM



Grade - NIOS - KS1 Home Science - Fabric Finishes

While learning about fabric finishes, our students explored the traditional art of block printing to understand how fabrics can be decorated with beautiful patterns. They created their own block-printed designs on cloth, giving them hands-on experience of the printing process while building creativity, confidence, and an appreciation for traditional textile crafts.



GRADE - OBE- ELEMENTARY Skill Development - Washing hands

Hands-on learning is one of the most effective ways to help students understand and retain essential life skills. During our ADL session on handwashing, students learned the correct technique through practical demonstrations, step-by-step guidance, and repeated practice. With consistent support, they gradually mastered the skill and confidently washed their hands independently without prompts.



GRADE - OBE LEVEL A Pre-vocational - Making Dry Bhel

Our recent pre-vocational class was filled with excitement as students prepared delicious dry bhel! They explored ingredients by tasting, touching, and identifying them before mixing everything together. This fun hands-on activity strengthened life skills, sensory exploration, fine motor coordination, independence, confidence, teamwork, and social interaction while making learning truly enjoyable.



KNOWLEDGE *in Action*

JUNIOR SECTION



GRADE 1

English - The Magic Porridge Pot

Grade 1 students explored The Magic Porridge Pot through an engaging story sequencing activity using flashcards. They then created their own porridge by choosing and adding cut-outs of fruits, dry fruits, choccos, and other toppings. This hands-on activity strengthened story comprehension, sequencing skills, vocabulary, decision-making, and creativity while making learning enjoyable and interactive.

GRADE 2

Mathematics - Number Sequencing

Grade 2 Students participated in a hands-on number sequencing activity by arranging number cards in the correct order. This engaging task strengthened number recognition, sequencing, and logical thinking while encouraging focus and active participation. Through collaborative learning, students built confidence, improved observation skills, and developed a stronger understanding of number order, making early mathematics both enjoyable and meaningful.

GRADE 3

ICT - Simple Machines vs Electronic Machines

During the ICT lesson on Simple Machines vs Electronic Machines, grade 3 students explored real-life examples through hands-on learning. They observed simple machines such as scissors, a stapler, and a paper punch, along with electronic machines including a timer, laptop, and mobile phone. They also visited the ICT lab to identify desktop computers and printers, helping them distinguish between the two types of machines and connect learning with everyday life.

KNOWLEDGE

in Action

JUNIOR SECTION



GRADE 4

Mathematics – Greater Than and Less Than

To introduce the concept of greater than and less than in an engaging way, students learned that the "alligator" always opens its mouth toward the bigger number because it wants to eat the larger value. They then completed a hands-on activity by placing the alligator's mouth correctly between pairs of numbers. This interactive approach strengthened number comparison skills and helped students confidently identify greater and smaller numbers.

GRADE 5

Marathi – Poem: Yere Yere Pausa

During the Marathi lesson on the poem "Yere Yere Pausa," students explored the theme of rain through a creative umbrella craft. This hands-on activity reinforced their understanding of the poem while strengthening fine motor skills, creativity, and paper-folding techniques. By connecting art with literature, the activity made learning engaging, meaningful, and memorable, helping students develop a deeper appreciation of the poem's theme.



GRADE 6

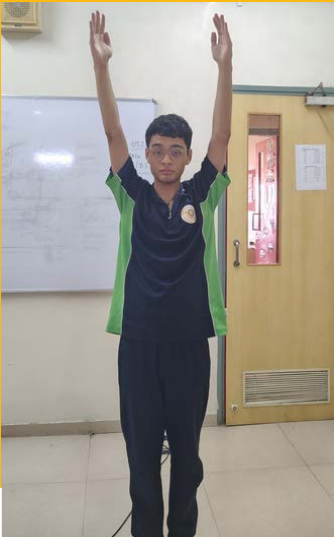
Art – Drawing (Kung Fu Panda Sketch)

During the drawing activity, Grade 6 students learned to sketch the iconic character Kung Fu Panda by following the teacher's step-by-step demonstration. Although everyone drew the same character, each artwork reflected the student's unique personality and creativity. The activity strengthened observation, drawing, and fine motor skills while building confidence and encouraging self-expression, proving that every sketch is as unique as the artist behind it.



KNOWLEDGE *in Action*

SENIOR SECTION



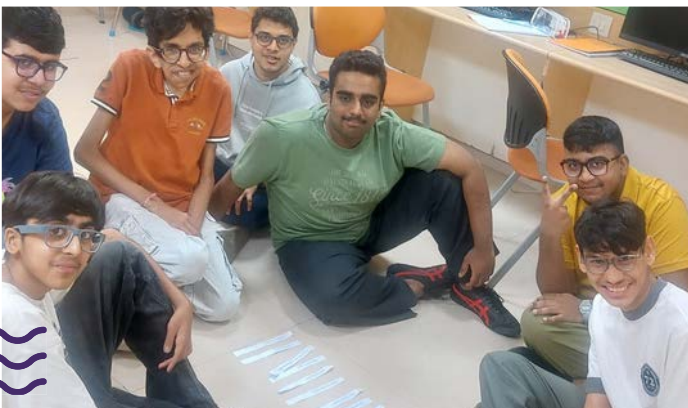
Grade 8 Math - Geometry

Our Grade 8 students explored geometry through an engaging Station Rotation Activity. At the Identify Station, they connected geometric concepts with everyday classroom objects. At the Build Station, they used their arms and bodies to create lines, angles, and other figures for classmates to identify. At the Classroom Detective Station, they found real-life examples of geometric concepts around them. The activity fostered active participation, teamwork, observation, and critical thinking, making geometry meaningful, interactive, and memorable.



Grade JCL1 DEO - Concept of a 'computer program'

Students of Grade JCL1 explored the concept of a 'Computer Program' through an engaging team activity in the computer lab. Working in groups, they arranged sandwich-making cut-outs placed randomly into the correct sequence. Through discussion, they discovered that tasks require instructions in a proper order to achieve the desired outcome. This led them to understand that a 'computer program is a set of instructions arranged in a sequence to complete a task'.



KNOWLEDGE *in Action*

SENIOR SECTION



GRADE 8 Math - Money Bazar

Our students explored negative numbers through an engaging Money Bazaar Role Play using fake currency. As shoppers in a classroom market, they selected items and checked whether they had enough money. When funds fell short, they borrowed from the teacher or classmates, helping them understand that borrowing creates a negative balance (debt). This hands-on activity connected mathematics with real-life situations while reinforcing addition, subtraction, and decision-making, making learning meaningful, enjoyable, and memorable.



Grade - SL1 English - Enacting History, Exploring Character

The SL1 English classroom came alive as students brought Return of the Lion to life through a full-class play, complete with creative props and enthusiastic performances. The activity encouraged confidence, collaboration, and a deeper appreciation of the text. To further explore characterisation, students illustrated Jijabai and identified her internal and external personality traits, helping them distinguish between appearance and values. The engaging, hands-on activities fostered creativity, critical thinking, and a meaningful connection with the lesson.



EXPEDITIONARY

Education



GRADE - SL2 & JCL2

Visit To SASMIRA

The visit to SASMIRA gave students of SL2 & JCL2 an opportunity to experience the textile industry beyond their textbooks. They observed how fibres are converted into yarn and fabric using machines and learnt about the different products made in the textile industry. The industrial visit helped them connect theoretical concepts from Home Science with practical applications.

Students' learning

Aditya Gholap: "I learned something new: the textile industry does not only make cloth and thread, but also seat covers, curtains, bedsheets, and other fabrics."

Abhimanyu Nair: "Overall, I enjoyed learning how fibres are used to make nets. I was most interested in seeing how fibres are actually made using machines to produce synthetic yarns."



Students' learning

Hatim Dohadwala: "I learnt that dedicated bank staff are always available to assist customers with their banking needs and queries."

Ayan Poojari: "I learnt about the loan approval process and observed the strict security measures followed inside the bank."

GRADE - SL2

Real World Wealth

Following their classroom lesson on Banking Services, Grade SL2 students visited a bank on 8th July 2026 to gain first-hand exposure to banking operations. They explored security features, observed an Automated Teller Machine (ATM), and learned the functions of various service counters. Branch officials demonstrated how to fill pay-in slips and Real-Time Gross Settlement (RTGS) forms while explaining essential legal documents and compliance certificates. This immersive experience strengthened students' understanding of banking concepts and equipped them with practical financial skills for everyday life.



SCHOOL ASSEMBLY

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Think Before You Click

Grade JCL2 conducted an Assembly on precautions to be used while using social media. The students explained how to protect their digital future by securing accounts with strong passwords and strict privacy settings. How one should be cautious about sharing locations, vetting friend requests, and clicking unverified links. Crucially, one should recognize and report cyberbullying or phishing scams immediately instead of engaging with trolls. Practicing proactive digital hygiene shields your personal data, protects your mental well-being, and ensures a clean reputation for future university or career opportunities.



International Yoga Day

The school marked International Yoga Day with a thoughtfully curated morning assembly highlighting holistic health and well-being. The programme began with a video on balancing screen time and physical activity, followed by students sharing facts about yoga's origin and benefits. A live demonstration of pranayama techniques—Deep Breathing, Anulom Vilom, and Bhramari—and yoga asanas including Trikonasana, Bhujangasana, and Setu Bandhasana showcased mindfulness, flexibility, and discipline. The assembly concluded with a mindfulness session and Om chanting, inspiring students to embrace yoga as a way of life.



Hidden Geniuses

Women Who Changed the World

The SL2 assembly celebrated women inventors whose creations—from dishwashers to paper bags—transformed daily life. Through a compelling visual presentation, students explored stories of resilience, determination, and ingenuity. This experience fostered teamwork, boosted confidence, and sharpened communication skills. It inspired young minds to embrace challenges, value persistence, and recognize that groundbreaking ideas can emerge from anyone, anywhere, regardless of gender or background.



Unsung Heroes of TABIS

Our Student Council hosted a special assembly & served lunch to express heartfelt gratitude to our incredible Support Staff, Security Team, and Housekeeping Staff. Their dedication, care, and hard work make our school safe, clean, hygienic, and welcoming every single day. Though they often work behind the scenes, their contribution is invaluable.

PEER CONNECT SESSION

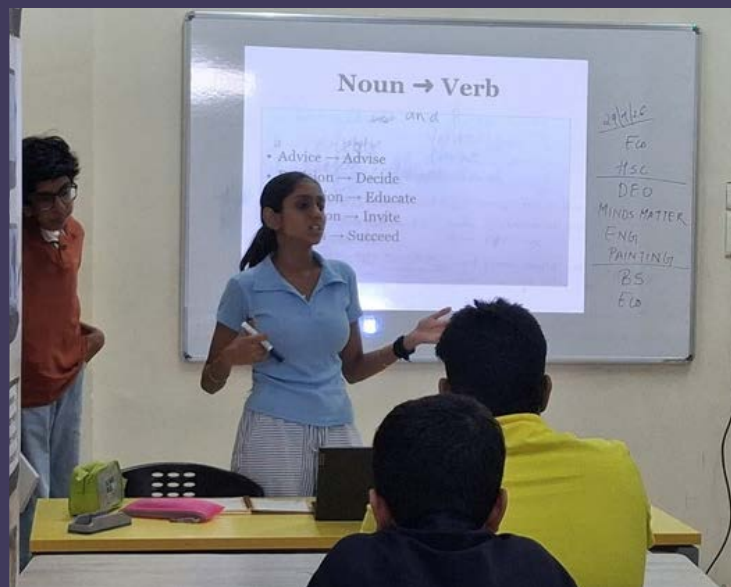
Akanksha Visweswaran of Grade JCL1 conducted a Peer Connect session with the students of Grade 7 on Deficiency Diseases. The session included clear explanations along with engaging, activity-based revision, making learning both enjoyable and meaningful. The Grade 7 students actively participated and shared positive feedback, describing the session as interesting and a great learning experience.



Taha Zoomkawala & Veer Shah of Grade JCL2 conducted a Peer Connect session with the students of Grade SL1 on Communication. They conducted an activity-based session and games covering topics like what communication is, aspects of communication & barriers to communication.



To strengthen grammar skills through collaborative learning, JCL1 students Viraj and Sharanya conducted a Peer Connect session for Grade 8 on Word Transformations. Through interactive explanations, revision activities, and engaging discussions, they helped students confidently understand and apply the concept. The Grade 8 students actively participated, answered questions with confidence, and thoroughly enjoyed the session..



GROWTH PATHWAYS WORKSHOP



During our recent professional development session, we journeyed into the subtle art of Graphology, discovering how a child's handwriting serves as a poignant window into their inner world. For children with special needs, every stroke, slant, and press of the pencil acts as a direct window into fine motor development, cognitive processing, and emotional states. Through the pressure applied while writing, spacing, and stroke structure, educators and therapists can uncover underlying frustrations, learning gaps, or dysgraphia early on. By decoding a child's handwriting, we gain insights into their cognitive processing and emotional state. This valuable information allows us to tailor targeted interventions, improve motor planning, and offer empathetic, individualized support to help every child thrive.

Conducted By: Ms. Nishita Kharkar

Online Safety Session Think Before You Click



With the increasing influence of social media and digital platforms, our School Counsellor, Ms. Steffi Sequeira, conducted a session on online safety and digital well-being for students of Grades SL1 to JCL2. This session aimed to equip our students with accurate information and practical strategies to make informed choices in the digital space by creating awareness and encouraging open conversations around topics such as the importance of online boundaries, identifying healthy and unhealthy relationships, both online and offline, understanding pornography and masturbation, seeking help from trusted adults and support systems, etc."

Student Feedback:

Parv Gupta: Never click on any unknown links and never chat with strangers.

Taher Dhariwala: Not everyone will have good intentions, and some might use their intentions for the worst reasons.

Bhavyanshu Dedhia: The different ways to be safe online

Taha Zoomkawala: To be safe and learn how to respond and react to scams or inappropriate behaviour.



STUDENT TALENT



We are proud to share that our students participated in the Core Sports United Age Category Rapid Chess Tournament, associated with TSCM (The School of Chess Masters), held on Sunday, 26th July 2026 at The Green Acres Academy, Chembur.

Hriday Shah from SL-1 secured the 5th Runner-up Trophy in the U-15 category and Jaanav Vora from JCL-2 received a Certificate of Appreciation.

Intra School Table Tennis Competition



The tournament featured two categories: Junior (Grades 7-8) and Senior (Grades 9-Junior College), with students displaying remarkable talent, determination, and exemplary sportsmanship throughout the competition.

In the Junior Category, Kavin Bhatta (Grade 7) delivered a brilliant performance against Raeda Munshi (Grade 8), the runner-up in the recent SRCC Table Tennis Competition. Kavin took an early lead, but Raeda showed exceptional resilience, staging a remarkable comeback from three points down to claim the title. Their closely contested final was undoubtedly one of the highlights of the tournament.

The Senior Category witnessed an inspiring comeback by our School Head Boy, who, after being knocked out in the quarterfinals last year, fought his way to the finals. He faced defending champion and School Games Captain, Taha Zoomkawala, in a thrilling match. Both players demonstrated outstanding skill, determination, and sportsmanship. Taha once again showcased his class by successfully defending his title, emerging as champion for the second consecutive year. Congratulations to all the participants for their outstanding performances and for making the tournament a memorable celebration of sporting excellence.



TESTIMONIALS



Project Day

"I would like to extend my heartfelt gratitude for today's wonderful program. It was an awesome performance by everyone.

The children worked very hard to showcase their best talents, both individually and as a team, reflecting great team spirit and dedication. The efforts and trust of the teachers in training and guiding them are truly commendable and highly appreciated.

The Principal and Coordinators standing by their teams with such positivity and encouragement while showcasing the programs was amazing.

It was wonderful to see everyone enjoying the event so much. I look forward to being a part of many such memorable occasions in the future.

The entire event was beautifully designed, well-organized, and executed perfectly.

God bless everyone.

-Shiney James (Parent of Daniel Kuttatil - Grade: JCL1)

"This event was the best part of my life as my parents saw me perform for the first time. My parents & I are grateful to TABIS for giving me a chance to show my talent & effort."

-Mriganka Mishra - Grade: JCL1



This year's project day was quite unique. The day celebrated not just art in various forms but also took into account each child's strengths. While each child is unique, the project day gave a glimpse into what the child loves. Their interests. Their expressions. It gave a platform to showcase their art in various forms. We really appreciate it.

-Dr. Ashwini Joshi (Parent of Niva Joshi - Grade: GIP-4)

I would like to convey my sincere gratitude and appreciation for the exceptionally organized project day. Witnessing the children dance, recite, and perform plays so skillfully truly brightens our lives. These are experiences that only TABIS can provide. We are thankful for the dedication and effort the teachers invest.

Furthermore, these events underscore the care and commitment the teachers demonstrate towards the children. Each time Reyansh became upset, there was always a teacher present to soothe him, allowing him to express himself freely. I observed teachers greeting the children with such warmth and affection, which filled my heart with happiness. These occasions are also significant as they reveal the hidden talents of our children. In conclusion, I recognize the immense effort that goes into organizing these events. I genuinely appreciate all the hard work the teachers contribute to these occasions. They consistently bring smiles to our faces and fill our hearts with joy.

-Gunjan Shrivastava (Parent of Reyansh Shrivastava

Grade: DLP NIOS OBE- Elementary)

