



An Aditya Birla Education Trust Initiative

SCHOOL NEWSLETTER

JANUARY 2026

Welcome to TABIS

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KNOWLEDGE *in Action*

DIFFERENTIATED LEARNING PROGRAM



GRADE - EIP 2 SKILL DEVELOPMENT - SEPARATING GRAINS

Separating grains proves to be an excellent way to develop fine motor skills. The children of class EIP 2 did this activity by sorting rice, lentils, and beans, using precise finger movements. This simple task helped them improve coordination, strengthen finger control, and increase concentration. It offered a playful, sensory-rich learning experience.

GRADE - EIP 3A MATH - COLOUR IDENTIFICATION

To reinforce the lesson on identifying the colour pink, students and teachers came to class dressed in pink. To make the activity more engaging, each student also brought a pink item from home – toys, soft toys, etc. which helped them identify the colour through real objects. The bright shades of pink helped students easily recognize and relate to the colour in a joyful and meaningful way. Overall, Pink Day offered a fun, interactive, and visually rich experience that strengthened the students' understanding of the colour pink while making learning fun and memorable.



GRADE - EIP 3B LANGUAGE JOLLY PHONICS - LETTER SOUND /v/

The class enjoyed an engaging Jolly Phonics lesson on the letter v. Students learned to recognize the /v/ sound through lively actions and repetition. They practiced forming the letter and explored picture associations such as vegetables, vase, and violin to reinforce understanding. Through activities, songs, and visual cues, children identified words beginning with v. The session supported early literacy skills while keeping students excited and involved in their phonics learning.



KNOWLEDGE *in Action*

DIFFERENTIATED LEARNING PROGRAM



GRADE - GIP-1 ENGLISH - VERBS

Using hands-on activities help students understand and enjoy learning. To teach verbs, the teacher began with a fun "Simon Says" game in which students performed various actions, later highlighting these actions as verbs. During the lesson, each action was clearly connected to the concept to enhance understanding. An action song was then used to revise and further reinforce the learning effectively.



GRADE - GIP-2 ENGLISH - WORD FAMILY

The class practiced matching words from the 'in' word family. Students were given a set of colorful cards, each printed with an 'in' word. Words pin, fin, bin, win, twin, thin, chin, grin were spread out across the table. The students eagerly searched for pairs that belonged together. The activity helped build reading confidence. By the end, every student had successfully matched the 'in' cards and could recognize the pattern that makes this word family special.



GRADE - GIP-3 MATH - SUBTRACTION

To understand subtraction through a hands-on approach, our young learners used a fun bowling activity. Ten pins were set up, and students took turns rolling the ball. After each turn, they counted the number of pins that had fallen and those standing. This helped them clearly understand subtraction as "taking away" and confidently express simple equations based on the pins left.

KNOWLEDGE *in Action*

DIFFERENTIATED LEARNING PROGRAM



GRADE - NIOS - FS2 PAINTING - KOLAM ART

Students of NIOS FS-2 explored Chapter 4: Folk Art of India - Kolam (Rangoli) through a hands-on painting activity. They learned about the cultural significance of Kolam and practiced creating traditional patterns using dots, lines, and vibrant colours. The activity helped them understand the beauty of Indian folk art while building creativity, focus, and fine motor skills.



GRADE - OBE- ELEMENTARY ICT - BITS & BYTES

In this activity, students used plastic tokens to learn that eight bits make one byte. First, they worked with single tokens a bit. Then they grouped eight tokens together to make one byte. They practised making the group and could see how a bit changed into a byte. The Students enjoyed the activity, easily following the concept.



GRADE - OBE- LEVEL A ENGLISH - SIMPLE TENSE

Students explored the concept of simple tenses through a hands-on poster-making activity. They read sentences, identified the tense, and sorted them under simple present, past, and future categories. This activity helped strengthen their understanding of verb forms while encouraging collaboration, creativity, and active participation. It made learning grammar engaging and supported better retention of the concept.

KNOWLEDGE *in Action*

JUNIOR SECTION



GRADE 1 SANDWICH MAKING

The students recently tackled the essential life skill of making a simple sandwich! This engaging lesson focused on three key areas: Sequencing (following the steps in order), Fine Motor Skills (safely using a butter knife to spread), and essential Hygiene (proper handwashing). They practiced independence and learned the foundation of safe food preparation! The students absolutely loved this hands-on, delicious activity!

GRADE 2 READING - THE LITTLE RED HEN

The students enjoyed reading 'The Little Red Hen' and learning about teamwork and responsibility. After the story, students participated in a hands-on wheat-planting activity, observing how seeds grow with care and patience. This experience helped them connect the story's message to real-life learning through exploration and responsibility.

GRADE 5 LIFE SKILLS - USE OF CALCULATOR

The students of Grade 5 learned how to use a calculator, an essential life skill for everyday tasks like grocery shopping or checking bills. To make the learning hands-on and fun, a small stationery shop was set up in the classroom with price tags on various items. Students used the calculator to read the price tags and add up totals, simulating real-life shopping experiences. They practised how to switch on the calculator, use the functions for addition, subtraction, multiplication, and the equals button to get results. They also learned how to clear entries using the 'AC' (All Clear) button. This activity helped students gain confidence in using calculators for practical purposes.



KNOWLEDGE *in Action*

JUNIOR SECTION



GRADE 4

READING - THE TOOTH FAIRIES AND THE CLEANING FACTORY

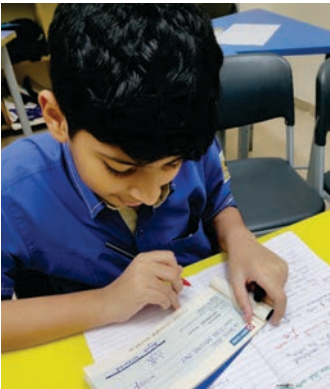
The magical world of tooth fairies came alive as students listened to the story with excitement. A fun craft followed, where they shaped adorable tooth fairies using puff clay. This engaging activity sparked imagination, reinforced hygiene awareness, and helped students understand the story's message in a joyful, creative way.



GRADE 6A

SOCIAL STUDIES - EVOLUTION OF MONEY

Our Grade 6 Social Studies class took a fascinating trip through history by examining old coins. Students learned about the evolution of money and different types of currency. They also gained essential hands-on financial literacy by following step-by-step instructions to properly write a cheque, connecting economic concepts to modern-day skills!



GRADE 6B

WELLNESS - BOARD GAMES

During the wellness period, students of Grades 5 and 6 were introduced to a variety of board games. The primary aim of this activity was to help them recognize that there are enjoyable alternatives to video games and PC games. Board games not only entertain, but also encourage communication, healthy competition, bonding, focus, and attention. The students thoroughly enjoyed playing with different classmates and made the most of every moment, filled with excitement, laughter, and happiness.



KNOWLEDGE in Action

SENIOR SECTION



GRADE 7 HOME SCIENCE DISEASE DETECTIVES

The Grade 7 students participated in an engaging "Disease Detectives" activity, where they read clue cards and diagnosed different illnesses. The main objective of this activity was to assess their understanding and reinforce important disease-related terminology in a fun, meaningful way.

GRADE 8 ECONOMICS - PRODUCTION UNITS CLASSIFICATION

The activity involved students selecting an industry along with its corresponding firms or companies from the given list and then sticking their chosen names onto the activity sheet. The students were thoroughly amazed at how quickly they were introduced to so many different industries and firms through this simple yet engaging exercise.

GRADE 8 HOME SCIENCE MAINTENANCE OF FABRICS

As part of the chapter on Care and Maintenance of Fabrics in Home Science, Grade 8 students created an A3-sized table listing the care instructions for five different types of fabrics. They researched how each fabric should be washed, dried, ironed, and stored. Students then presented their work to the class, gaining both practical knowledge and confidence. It was a simple yet effective hands-on learning experience.



S.No	TYPE OF CLOTHING
1)	FORMAL WEAR
2)	SPORTS WEAR
3)	WINTER WEAR
4)	NIGHT WEAR

TYPE OF CLOTHING	CARE INSTRUCTIONS
T- Shirt Cotton	<ul style="list-style-type: none"> Handwash at 30°C wash inside out do not bleach do not iron Do not iron on prints wash dark colours separately
Dress Cotton	<ul style="list-style-type: none"> Hand wash at 30°C wash inside out gentle cycle Do not bleach do not tumble dry do not iron do not dry clean do not iron on prints
Shirt Polyester cotton	<ul style="list-style-type: none"> Machine wash with 40°C Do not bleach Do not tumble dry Do not iron on print/embellishment Do not dry clean Do not tumble dry
Jeans Denim	<ul style="list-style-type: none"> Machine wash at a maximum of 30°C Normal wash cycle Use mild detergent Do not bleach Do not iron Do not tumble dry
Gown	<ul style="list-style-type: none"> Handwash / Dry clean only Use cold water below 30°C Use a mild or silk safe detergent

EXPEDITIONARY *Education*



GRADE GIP-5 VISIT TO MANI BHAVAN

Students visited Mani Bhavan as part of the EVS topic "Gandhi Jayanti - National Festivals." The trip offered experiential learning, helping children understand Mahatma Gandhi's life, values, and contributions, while connecting classroom concepts with real historical experiences.

GRADE 7 & SL1 VISIT TO NATIONAL ASSOCIATION FOR THE BLIND, INDIA.

The students of grade 7 and Secondary level 1 visited NATIONAL ASSOCIATION FOR THE BLIND, INDIA. The purpose of the visit was to provide students with an opportunity to understand the unique needs, experiences, and strengths of individuals who live without sight, cultivate empathy, respect, and a sense of social responsibility. By observing specialized Braille press, how they rely on other senses, adaptive skills, and assistive technologies such as Braille and screen readers to carry out daily activities with confidence and independence. Students gained deeper insight into how education can break barriers of the visually impaired groups.

STUDENTS' LEARNING

Aditya Gholap: "I got to know that blind people can still lead a normal life and do their job."

Rohan Shah: "I was inspired by blind people that they can do everything."

Alan D'Souza: "I want to help blind people."



SCHOOL ASSEMBLY



GRADE - 6 SOLAR SYSTEM

The skits main aim was to move beyond simple memorization of names towards understanding the system on the whole. Students will be able to talk about the planets, their uniqueness and their importance. They will also correctly display the order of the planets from the sun and identify the inner and outer planets. It was done in a rhyme manner which made it easier for them to memorize their lines.



GRADE - 8 ART IN MOTION

On 18th September 2025, our school's assembly, themed "Art in Motion," explored how art is woven into everyday life. From nature to music, and sports to science, art is constantly alive and moving around us. The assembly featured a heartfelt poem and a dance performance, emphasizing how art is present in everything we do. The event concluded with an interactive activity where students collaborated to complete a colorful vase, symbolizing the diverse beauty of art. It was a creative celebration of the powerful role art plays in our lives!



NEWSLETTER TEAM ASSEMBLY

*Beyond
Borders*

ICONIC PLACES IN MUMBAI

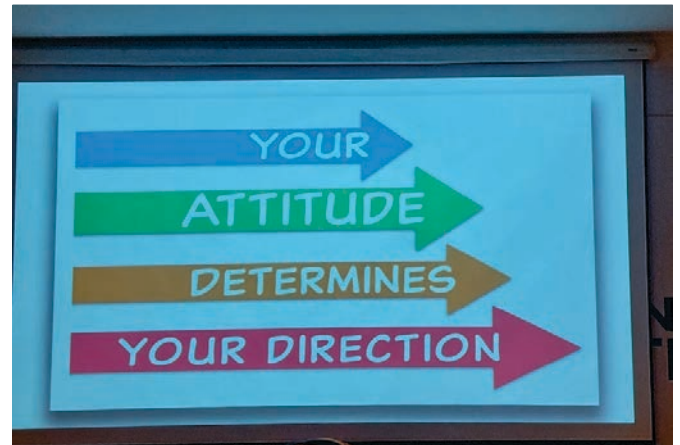
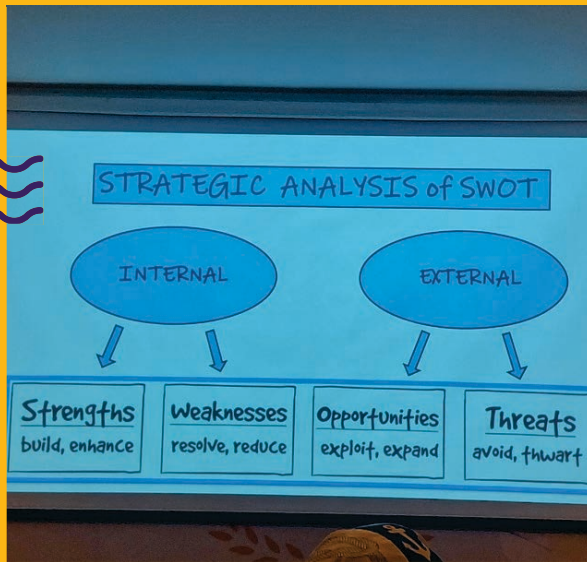
The newsletter team conducted an engaging assembly on iconic places in Mumbai to assess how well students know the city they live in. The session was designed as a quiz, with one team member creating clever riddles for each landmark. Each slide presented a riddle, and students enthusiastically guessed the place. The following slide revealed key features of the location, helping students learn interesting facts about Mumbai's heritage. To extend this learning beyond the assembly, the riddles were displayed on the newsletter wall on the first floor. To our delight, students were seen eagerly reading them and exploring more about their city. What made us even happier was noticing parents, too, pausing to read the riddles with curiosity. Seeing students, staff, and parents equally engaged reinforced the joy and value of our work.

CELEBRATING MUMBAI'S COMMUNITY

The assembly Celebrating Mumbai's Community Spirit brought the city's rich cultural tapestry to life in an exciting and interactive way. To help our Junior section students connect instantly, we began by showcasing mouth-watering community-special dishes—modak for Maharashtrians, dhansak for Parsis, and many more. Students eagerly guessed the dish flashed on the screen and then identified the community it belonged to. Each reveal led to a meaningful insight into how that community has contributed to shaping Mumbai—be it through education, healthcare, business, art, or architecture. The learning continued the next day with a lively spin-the-wheel quiz that filled the assembly hall with cheers and laughter. To keep this enthusiasm alive, we recreated the spin wheel on the newsletter wall. What made us happiest was watching not just students but even staff members pause, play, and enjoy discovering more about the vibrant communities that make Mumbai extraordinary.



GROWTH PATHWAYS WORKSHOPS



THE ROAD AHEAD

The intent of the session 'The Road Ahead' was 'Reflection' - on strengths, areas where there is scope for improvement as a school and a collective sharing of what could be the way forward.

The session aimed at giving the team a structured platform to share and discuss ideas, with a follow up session planned for later.

It was an exercise to help each of us take pride in our contribution as well as co-own the ideas for the Road Ahead!

Conducted By: Mrs. Radhika Sinha

WALK OF LIFE



With over three years of experience in hospitality, weddings, interiors & lifestyle, our ex-student, Ms. Deepal Mehta, is a Senior Brand Manager at a PR Firm.

Having worked with several leading brands & celebrities, she shared her insights with our students on her journey, and work experience in a PR Firm, and gave us behind-the-scenes insight into organising events.

Conducted by: Ms. Deepal Mehta



INTERACT CLUB



CHARITABLE INITIATIVE

The Interact Club brought flavor and purpose together with a 'Corn Chaat' sale on 26th September. Students and staff enjoyed fresh, tangy chaat during snack break, while supporting the club's charitable initiatives. A simple snack turned into a meaningful way to give back to the society.

STUDENT TALENT



INTER-SCHOOL CHEF COMPETITION

Two of our students Master Kaushal Chauhan and Master Shlok Dhamecha recently participated in the Inter-School Cooking Competition, showcasing their culinary talent and creativity. Their dedication and hard work in the kitchen were truly inspiring to witness. We extend our sincere appreciation to both students for representing our school with such skill and passion.



HAPPY PLACE COMPETITION



Our students proudly represented The Aditya Birla Integrated School at the Happy Place Competition held at Aditya Birla World Academy (ABWA). The event provided a wonderful platform for students to express their thoughts, emotions, and creativity around the theme of happiness and mental well-being.

Participating enthusiastically across multiple categories—singing, dancing, art, and extempore speech—our students showcased their talents with confidence and authenticity. Through music, movement, colours, and words, they beautifully shared what brings them joy and helps them feel calm, confident, and connected. Each performance reflected not just creativity, but also courage and self-expression. The students' vibrant presentations and positive energy truly stood out, leaving a lasting impression on everyone present.

We are immensely proud of our students for their remarkable efforts and for representing TABIS so wonderfully. Events like these reinforce the importance of emotional expression, mental well-being, and celebrating individuality—values that lie at the heart of our school philosophy.



TESTIMONIALS

Aditya Birla Integrated School (TABIS) organizes exceptional events such as carnivals, art festivals, and various other activities and field trips held throughout the year. I feel genuinely grateful and fortunate that my son is part of this enriching environment. Since joining the school, he has grown more independent and social. I deeply appreciate the school's transparency and consistent communication with parents. My child's happiness is a result of the love, care, and support he receives. As a new parent, I was initially anxious, but thanks to the dedicated teachers and staff, he now feels completely at home.

- Parents of Rudra Singh - Grade - 1

I really like how TABIS focuses on holistic development of children. The various activities happening at the school around the year brings out the best out of the individual. Aarna has gained a lot of confidence and independence from the time she started her journey at TABIS. We as parents are confident TABIS will turn Aarna into a confident adult as well.

- Parents of Aarna Bhandari - Grade - 4



EduTour

Students of SL1 to JCL2 went on the edu-tour exploring units under the secondary sector. They visited Inkfested, a garment manufacturing unit and also Milon Plastics LLP, where they learned how packaging boxes are produced.

At the onset, let me congratulate TABIS team, for moulding and cultivating these minds to the best of their abilities, in spite of them having their own challenges. It was a pleasure for us to host your team, and run down the nostalgic lane for me, for which I started doing what I do. Hope the kids have good memories of the visit. Thanks a lot once again for giving us the pleasure of hosting your fabulous team.

- Rohan Desai, Inkfested

Thank you so much for giving us the opportunity! It felt great to host the team & make the students run through the processes. Enjoyed answering their questions. They had pretty powerful questions to ask.

- Ujwal Shah, Milon Plastics, LLP

