



An Aditya Birla Education Trust Initiative

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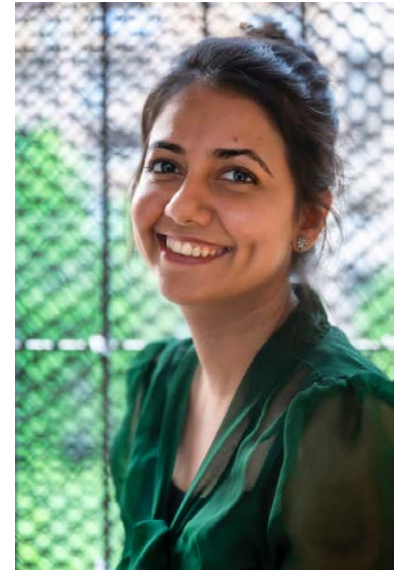
*Change - the inevitable reality of life*

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‘Change - the inevitable reality of life’. Depending on how you choose to look at it, change presents endless possibilities - of revisiting ideologies, of fearless innovation, of fresh perspectives and acknowledging that the only option is to keep moving, however slowly.

As we welcome a new year, we embrace all the potential it brings with it. Every day presents numerous opportunities simply waiting to be tapped. Each of you possesses immense potential, do not be afraid to unlock it.

Together, let us embark on this exciting journey and discover what the year ahead has to offer!



**Aisha Bharmal**

Principal

The Aditya Birla Integrated School



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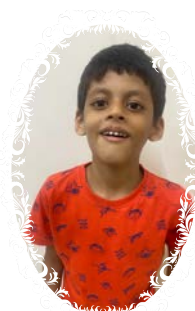




## Welcome To School



Ibrahim Shaikh  
Grade - EIP - 1



Reyansh Shah  
Grade - EIP - 2



Prisha Singh  
Grade - GIP - 1



Ruhi Shah  
Grade - EIP - 3



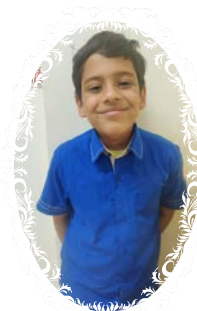
Rivaan Padhi  
Grade - EIP - 1



Shloka Agarwal  
Grade - EIP - 1



Shubh Paliwal  
Grade - EIP - 1



Burhanuddin Sabuwala  
Grade - Pre Pratham



Dhvaj Pandey  
Grade - EIP - 1



Advait Patil  
Grade - EIP - 1



Aarush Ganguly  
Grade - EIP - 2



Rishon Bharadwaj  
Grade - GIP - 1



Kiaan Sugandh  
Grade - GIP - 1



Shourya Padhi  
Grade - EIP - 2



Mohammed Zaid Shakur  
Grade - EIP - 1



Vihaan Tiwari  
Grade - GIP - 4



Nischay Bedi  
Grade - GIP - 5

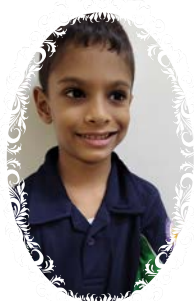




Welcome To School



Aarav Misra  
Grade - 1



Manan Jain  
Grade - 1



Aarna Bhandari  
Grade - 2



Shaurya Bhandari  
Grade - 2



Ayaansh Dang  
Grade - 2



Ivaan Jain  
Grade - 3



Advait Dhoble  
Grade - 4



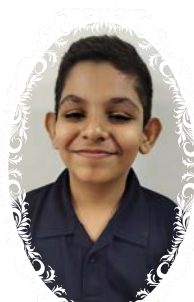
Akshat Arora  
Grade - 4



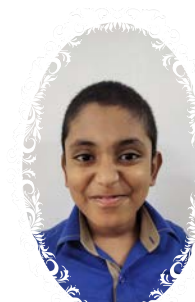
Yansh Doshi  
Grade - 4



Arnav Khullar  
Grade - 4



Narius Balsara  
Grade - 4



Rishit Panda  
Grade - 4



Aksheen Kalra  
Grade - 5



Aayat Vadgama  
Grade - 6





# Welcome To School



Samaira Patankar  
Grade - 7



Ayaan Poojary  
Grade - 7



Mehernaz Mulla  
Grade - 8



Vihaan Gupta  
Grade 8



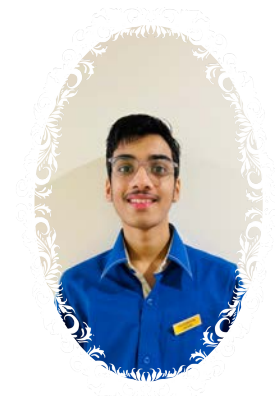
Parv Gupta  
Grade - 8



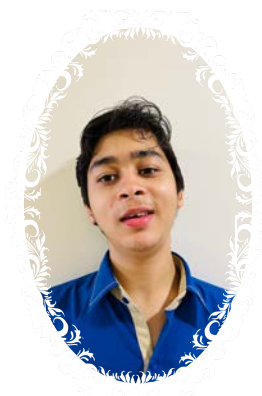
Viraj Gupta  
Grade - 8



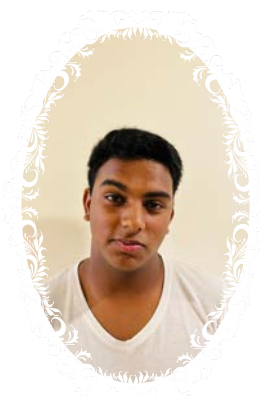
Dhanveer Zaveri  
Grade - SLI



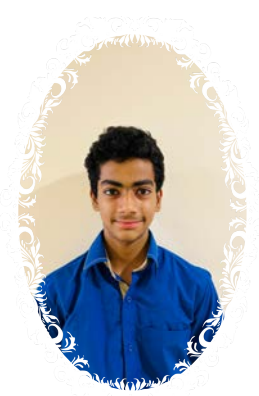
Veer Shah  
Grade - SLI



Nay Shroff  
Grade - JCLI



Amartya Vaidyanathan  
Grade - JCLI



Kushal Chawla  
Grade - JCLI



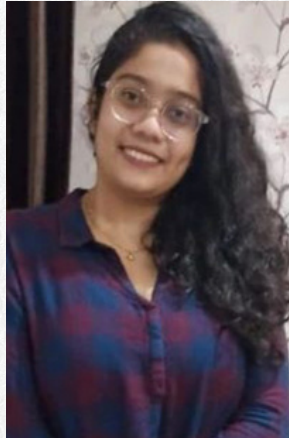
# Welcome To TABIS

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**Akshata  
Fernandes**  
Junior Section



**Alisha  
Lopes**  
DLP Section



**Deandra  
Gonsalves**  
DLP Section

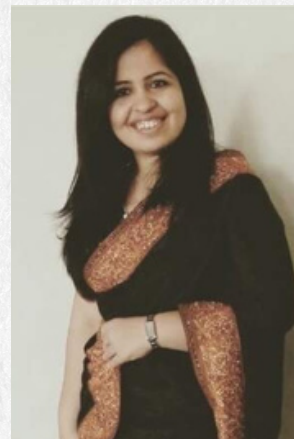
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**Kasturi  
Ranade**  
DLP Section



**Sharon  
Gadekar**  
Senior Section



**Bhagwati  
Lakhwani**  
Senior Section

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# Welcome To TABIS

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**Rumi  
Bhadha**  
Senior Section



**Muntaha  
Barkat**  
Junior Section



**Rita  
Mendonca**  
Behaviour Therapist

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**Nirav  
Sheth**  
Senior Section



**Rashmi  
Chauhan**  
DLP Section



**Sheetal  
Katkade**  
Senior Section

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# Welcome To TABIS

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**Naushin  
Tarwala**  
Occupational Therapist



**Sharanya  
Manoj**  
Speech Therapist



**Vanessa  
Fernandes**  
Occupational Therapist

>>>>>



**Priya  
Vadhan**  
Occupational Therapist



**Snehal  
Indulkar**  
Speech Therapist



**Sobin  
Sebastian**  
Speech Therapist



**Vinayak  
Parab**  
Senior Admin Executive

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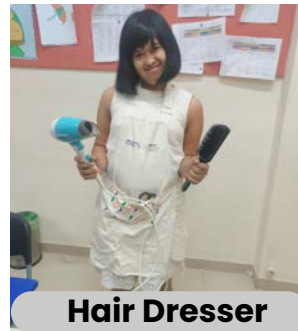
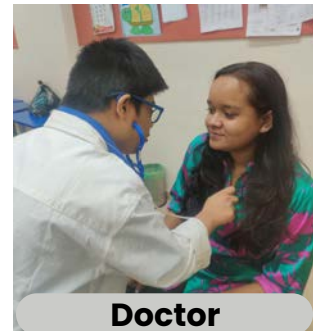
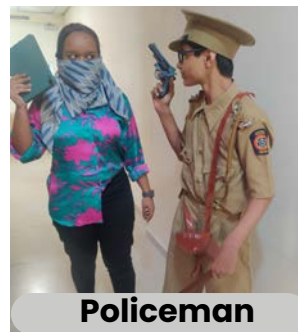
# EXPERIENTIAL LEARNING

## *Differentiated Learning Program*

### **PRATHAM - A**

#### **EVS - Social Environment**

Role playing or using tangible, hands-on materials while teaching is one of the most engaging and successful ways to ensure that students fully comprehend a subject while making the subject exciting for them. When kids sit down and role play as teachers, police officers, doctors, carpenters, postmen, hairdressers, and other professions, it not only helps them recall the key ideas of the chapter but also enhances their understanding. How they support us in daily life and how our existence would be incomplete without them. Students were required to act out each public duty in turn while learning about its significance in daily life.

**Hair Dresser****Doctor****Policeman****Farmer**

# Co-curricular Activity

FitKid is a fitness adventure club for kids. It is used as part of the school curriculum. The various activities encourage children to be energetic and use their muscles. These activities help to develop hand-eye coordination which is useful in everyday life. Some of the equipment's used for these activities are space hoppers, bean bags, balls of various sizes, the SCO GYM, trampoline, balance beam, the ever popular parachute, balloons, stilts and lots more!





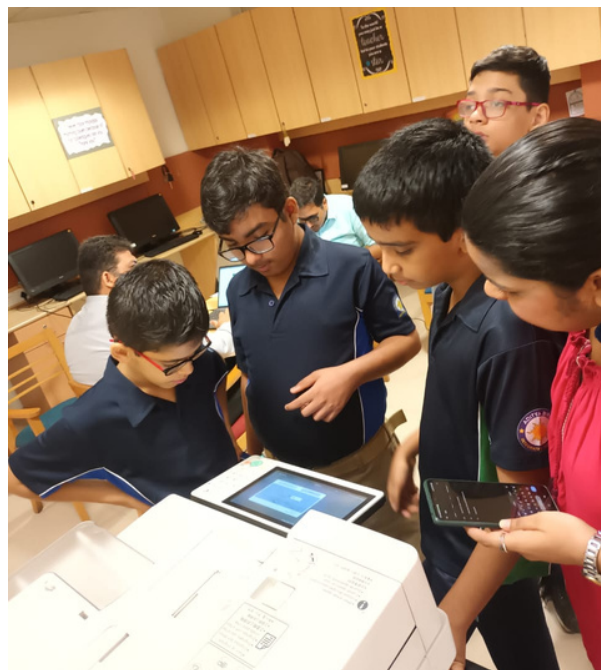
# EXPERIENTIAL LEARNING

## *Junior Section*

### **Grade - 5**

#### **ICT - Input & Output Devices**

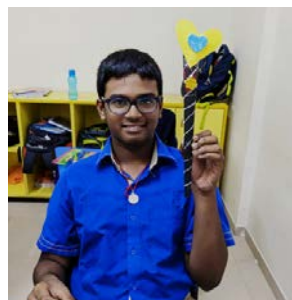
While learning about Computer fundamentals in ICT, Grade 5 students looked at the various input devices that are used and one of them being the widely used scanner. Students learned the uses of the scanner and also took a trip down to the staffroom to look at the scanner that is used by the teachers and staff at TABIS. Students learned the various steps to scan a hard copy and email it to themselves.



### **Grade - 6**

#### **English - Reading**

The class is reading the first book in the Harry Potter series. They are getting acquainted with the various characters in the series. The activity of making a wand and decorating it is a part of experiential learning. The class was also asked to make a wish that they hoped their wand would fulfil. The activity also aimed at increasing the curiosity of the class as they continue to read the book.



### **Grade - 6**

#### **Science - Materials: Properties & Changes**

While in the process of learning about substances, their states of matter and their properties, our Grade 6 champs conducted a couple of experiments to understand the properties of various substances. Heat was applied to solids like butter and chocolate to watch them melt and change into liquid. A cooking thermometer was used to measure the melting point and boiling point of various substances like water, oil, vinegar etc and draw comparisons.



# EXPERIENTIAL LEARNING

## *Senior Section*

### **Grade - 8**

#### **Math - Positive and Negative numbers**

The objective of this activity was to make the students understand how a number gets bigger on addition and smaller on subtraction. Compare positive and negative numbers and identify smaller and bigger numbers. Students enjoyed the play way method of learning the concept and were able to do addition and subtraction of single-digit numbers just by looking at the number line.



### **Grade - 7**

#### **Minds Matter**

The Minds Matter curriculum helps bring about mental health awareness in students across grades and impacts their thought and behaviour to help them develop into true global citizens with happiness, resilience, empathy, independence and tolerance. These modules facilitate a deeper understanding using several hands-on activities. One such activity with Grade 7, the "Tree of Life", was aimed at helping the students reflect on the role of their surroundings in their development and growth, relationships in their life that they value and cherish, and identifying support systems, further enriching their sense of identity.



### **Grade - SL-1**

#### **Business Studies - Mass Communication - Auction Sale**

What better way to explain the concept of an auction sale than by actually holding one? Students of grade Secondary Level 1 participated in a mock auction sale where a Mandala painting created by Ms. Mrunal, a teacher at TABIS, was put up for sale. The date, time, and venue of the mock auction sale were included in an official invitation put up in the class. The students bid with great enthusiasm by raising their bidding paddles, and in the process, they learned new terms like upset price, reserve price, sale contract, etc. At the end of the session, detailed aspects of an auction sale were reiterated. What a fun method to learn new things!





# School Assembly

## International Yoga Day

On International Yoga Day, the students from the Junior and Senior sections first paid their homage and respect by saying a small prayer to 'Patanjali' the Father of Yoga. After the prayer, the students with great enthusiasm and confidence modelled and demonstrated different back bending and standing asanas followed by pranayama.

## Act of Kindness

Kindness is a vital virtue that fosters empathy and connection among individuals. Teaching students to be kind is a crucial aspect of their holistic development. At TABIS we believe it is important to emphasize the value of compassion, understanding, and respect in our students. On the same note, The Newsletter team conducted an assembly on Kindness that promoted acts of kindness and encouraged students to write small notes of kindness for each other which would then be posted on the Wall of Kindness on the 1st floor. Our aim is encouraging kindness from an early age as it lays the foundation for a more inclusive and harmonious society, where empathy and consideration for others becomes second nature.

## World Chocolate Day

The Students of Grade 6 conducted an assembly about World chocolate day celebrated on 7th July 2023. They spoke about the origins of chocolate and also shared different interesting facts related to it. The students also played fun chocolate games and entertained the audience by making it a very interactive assembly. The students ended the assembly by suggesting a list of chocolate movies that would satisfy everyone's sweet tooth. Later they also distributed chocolates among the Junior section students and the entire staff of the school and ended the chocolate day on a very sweet note.



# Guest Lecture

*Senior Section*

## **Grade - JCL-2**

### **Mass Communication - 'Behind the Scenes of a TV newsroom and New Media'**

Our guest speaker Mr. Avishek Datta Roy was able to give insight to our students into quite a few academic units, such as Journalism, Television and New Media. He addressed an array of topics such as;

- How a news channel churns out the News- the input, output, the processes in between
- Why everyday in the life of a news personnel is a new day
- What a responsible news channel should keep in mind
- New Media - the threats, the opportunities, the convergence
- Knowledge, Language, Passion - the holy Trinity of a news personnel's life



## **Grade - SL-2**

### **HSc - Safety and First-aid**

Grade SL-2 students have been studying Safety and First-aid in their Home Science subject. These are basic life skills that can help them either save a life or avoid an accident altogether.

An interactive workshop was conducted by Mr. Shahazad Gandhi. Along with basic rules of Safety and first aid, the students were taught how to tie basic bandages and make a stretcher.





# Counselor's Corner



## Want to do something but just can't?



Ever found yourself in a situation where you have an upcoming deadline, like a unit test, you know that you need to start studying now to finish the portion, you have all the reading material ready and now you just need to sit and study, and yet, you just can't do that? Or feel like you keep procrastinating important tasks, because you just feel stuck? While there could be different reasons for the same, it could also be a result of challenges with executive functioning. This affects the skills of staying focused, planning, self-control, remembering and juggling multiple tasks or activities, etc., thus making it difficult for you to work towards your goals. Here are some strategies that can help in such situations:

1. **Establish Routines and Visual Schedules:** Create a predictable daily routine to understand what tasks or activities are coming up and stay prepared.
2. **Use Visual Supports and Organisational Tools:** Visual aids such as sticky notes, checklists, calendars or planners, colour-coded folders, or labelled storage bins can assist with organisation and task completion.
3. **Break Tasks into Smaller Steps:** Breaking down tasks on your to-do list into smaller, manageable steps makes them less overwhelming. Focus on one step at a time to gradually finish a task on your to-do list.
4. **Use Timers:** Timers and alarms can help with effective time management and not lose track of time.
5. **Create a reward system:** Rewarding yourself for successful task completion helps you feel more driven to successfully accomplish further tasks.
6. **Establish a buddy system:** Partner with someone to check-in on each other and hold each other accountable, giving you that extra push needed to complete your tasks.

Remember, we all have our own unique sets of strengths and challenges, and it's essential to tailor strategies to our specific needs and powers. We all deserve to thrive and reach our full potential by overcoming our challenges and focusing on our strengths.

-Ms. Sucheta Ravichandran



# Promotions



**Delnaz  
Sinor**

Co-ordinator  
Senior Section



**Rochelle  
Fernandes**

Co-ordinator  
Junior Section



**Denise  
D'souza**

Lead Events &  
Co-curricular



**Munazza  
Siddiqui**

Events Co-ordinator



**Anish  
Thakur**

Manager  
Finance & Accounts



**Ketan  
Sawant**

Assistant Manager  
Finance & Accounts



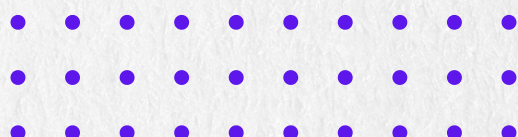
**Suvarna  
Ghanekar**

Senior Executive Officer



**Abhishek  
Patel**

Senior Executive Officer





# TESTIMONIALS

It was a pleasure to be a part of Maths Fest today and delight to see children enjoying. An applause for the team for planning such simple thoughtful and engaging games for kids. Both Shaurya and Rivaan had a fun time and so as myself. Looking forward to more such events in the future.

**Parent of Rivan Padhi and Shaurya Padhi - DLP Section**



It was a pleasure to attend the Math Fest, last week, it was organised so well by all the teachers. Kudos to the Teachers for all their hard work and Thank you so much Always!!

**Parent of Devika Ahuja - DLP Section**

