



SCHOOL NEWSLETTER

JANUARY
2024

An Aditya Birla Education Trust Initiative



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Welcome to
TABIS



**Viraansh
Jain**

Grade - 1



**Doryn
Laher**

Grade - 8



**Anshu
Agarwal**

Junior Section



**Dr. Deepika
Kanade**

Occupational Therapist



**Avani
Kotak**

DLP Section



**Nishita
Kharkar**

Junior Section



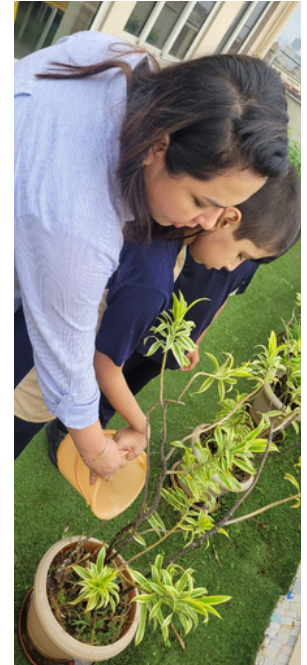
EXPERIENTIAL LEARNING

Differentiated Learning Program

GIP - 2

EVS - Conservation of Water

Experiential learning emphasizes practical, hands-on experience as the primary means for learners to acquire knowledge and develop skills. Students in GIP 2 learned the value of water and how to reuse it in various ways while studying the concept of water conservation. They were able to distinguish between clean water, dirty water, and soapy water. They removed the waste to clean the water. They also watered the school plants. The practical experience of reusing water assisted them in connecting with the topic and understanding it better.



EIP - 1

Language - Messy Play-Making Squishy Soap

Messy play is all about learning through experience. It involves using all five senses to explore how things feel, smell and taste, as well as what they look and sound like when we interact with them. Messy play acts as a boon to meet the sensory needs of the children. Through play, they were enhancing skills like -fine and gross motor skills, and hand-eye coordination. Students made squishy soap using cornflour, almond oil, liquid soap, essence and food colour. These materials are great for helping them experiment with new and exciting textures.



EXPERIENTIAL LEARNING

Differentiated Learning Program

GIP - 3

EVS - Traffic Signal

Students played with the 3D model of road safety which aided in comprehending the 'Road Safety' topic of EVS. It was an interactive and hands-on session which provided the students with visual and tactile learning experiences. This activity helped the students to develop critical thinking and problem-solving skills.



PRATHAM - A

EVS - Our Environment

Students were able to differentiate between man-made materials and natural things through this activity. They understood that human actions change the environment and we depend on the environment for food, air, water, mineral resources and more. Throughout the session all the students were interactive and they found this learning experience very engaging and fruitful.



EIP - 2

Math - Colour Concept

The students were asked to bring things of the same colour and wear the same shade of clothing. The entire class room looked painted in 'pink' colour. Students were able to understand the colour and generalise the colour pink at the end of this activity.



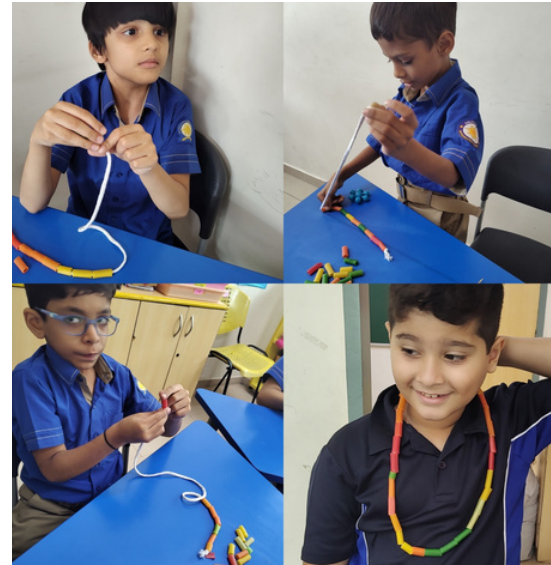
EXPERIENTIAL LEARNING

Junior Section

Grade - 1 and 2

Remedial - Fine Motor Activity

The aim of this activity was to improve the students' ability to handle small tasks with their hands. They enjoyed threading colourful pasta onto thick strings to create beautiful decorations. This activity not only brought them joy but also helped them enhance their skills in using their fingers and hands more precisely.



Grade - 2

English - Badges

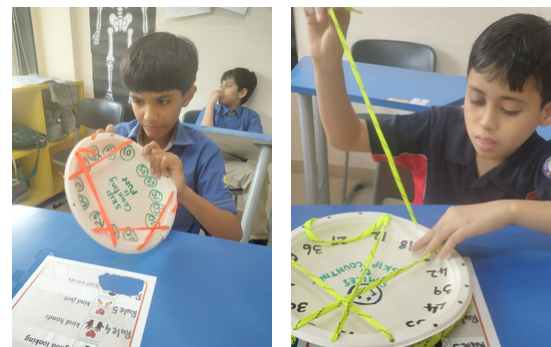
During this activity, children were instructed to observe signs and symbols in their surroundings that provide instructions. Children took a walk through their neighborhood, made a chart of signs and symbols they saw, and presented it during 'show and tell time' in class. They not only got to know their environment but also learnt to read the different instructions provided by different signs and symbols and follow them. It contributed to their confidence building and presentation skills. Most of all, they had fun!



Grade - 3

Math - Fun with Skip Counting

The students of grade 3 enjoyed practising skip counting through lacing their paper plates. They identified the pattern first and went about lacing according to the same. It helped develop their motor skills and enhance their interest in learning Math.



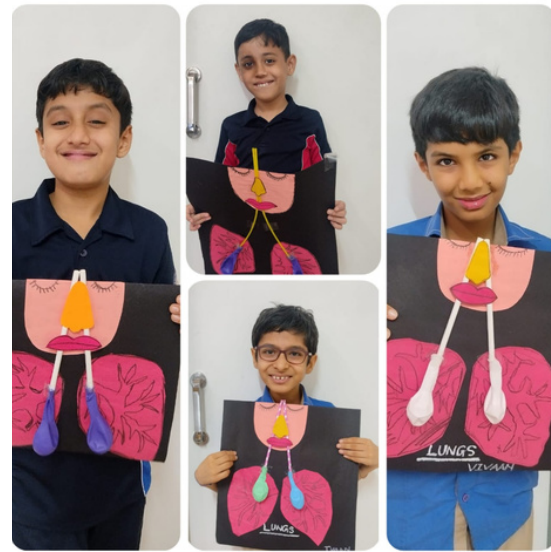
EXPERIENTIAL LEARNING

Junior Section

Grade - 3

Science - Model of Organs

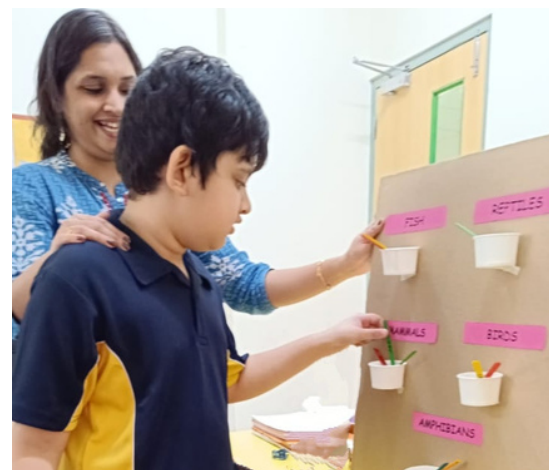
Grade 3 students built models of organs, such as the heart, kidneys, and lungs, to gain an understanding of these organs' function through hands-on activities and working models. They also created a two-dimensional (2D) model of the skeleton to further, improve their comprehension of the human body's structure.



Grade - 4

Science - Living Things

The students revised the various categories under which vertebrates can be divided. They discussed the features of each category. Each student then came forward and read the example written on the ice cream stick and segregated them into various cups based on the features.



Grade - 6

Science - Circulatory System

The primary goal of teaching the circulatory system to sixth-grade students is to provide a comprehensive understanding through engaging activities and tactile methods. Utilising visually illustrative charts, a realistic model of the heart, a blood pressure machine, and an oximeter, the aim was to offer a multi-dimensional learning experience. Moreover, the inclusion of a blood pressure machine and oximeter empowers students to witness and comprehend real-time physiological measurements, instilling a practical grasp of how these vital signs correlate with the circulatory system's functionality.



EXPERIENTIAL LEARNING

Senior Section

Grade - 7 **Home Science - Sustainability**

The objective of this activity was to make the students aware and understand various types of wastes and sustainability. The students created a chart with 5 sustainable options that one could use instead of non-degradable products. Students enjoyed this method of learning the concept and were able to present their take on sustainability in class.

Grade - 8 **Home Science - Batik & Block Printing**

Batik printing activity was conducted in the class so that the children would understand how batik printing is done on clothes. For this activity, children drew designs with wax candles. After which they used water colours on the designs. Another activity was conducted to ensure children understood the concept of block printing. Students used vegetables, bottle caps, leaves and paper stamps on paper using paints. This activity helped them understand the intricacy of block printing and the patience and perfection required by artisans to do the printing.

Grade - SL1 **Functional Math - Fraction**

The objective of this activity was to make students understand what portion of the whole they need, have or want. To be able to describe the fractional parts of the given picture in word [one fourth] and fraction forms [$\frac{1}{4}$]. It also helped them understand the concept of equivalent fractions, [$\frac{1}{4} = \frac{2}{8}$]. In this activity, they were asked to decorate different slices with different toppings and then evaluate the fraction of slices with favourite toppings.



EXPERIENTIAL LEARNING

Senior Section

Grade - 8

Minds Matter - Appreciation and Gratitude

While students and teachers have dedicated days acknowledging and celebrating them, rarely do we spend even a minute's thought on the other members helping the school's smooth functioning. Grade 8 students of TABIS therefore took the opportunity to show their appreciation to the support staff, thanking them for their relentless multifaceted assistance, by making cards for them in the Minds Matter class. These classes focus on not only helping our students work towards a state of mental well-being, but also become contributing members of our society.



Grade - JCL1

Home Science - Preparation of food

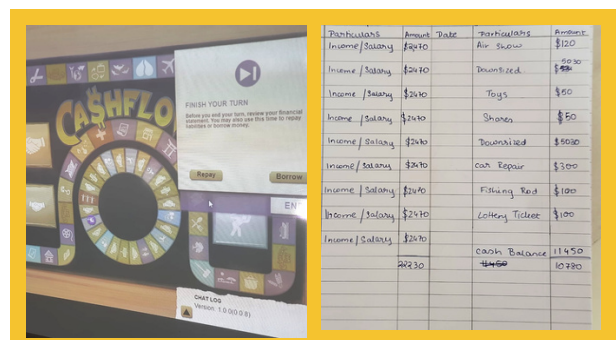
This activity was designed to teach students how to effectively utilize leftover food. The production of food involves a great deal of effort and money. Therefore, leftover food should be repurposed as effectively as possible. In this activity, students came up with innovative ways to use leftover food to make a new dish at home.



Grade - JCL1

Accounts - Cash Flow

The objective of this activity was to help students concretise the concept of preparation of Cash Book with the help of the Cash Flow game. Students enjoyed playing the game and practiced preparing Cash Book with inflow and outflow of money in the game.



FIELD TRIPS

Junior Section

Grade - 1

A trip to the Railway Station

The children of grade 1 were working on a unit that deals with first experiences. As a part of their learning, they enjoyed a train ride. The students walked from the school to the station using the subway and seemed to be fascinated by it. They purchased their tickets and walked around the station looking at various things such as the tracks, indicators and bogies which they had otherwise seen in pictures. They enjoyed a short ride to Masjid railway station and back. They also purchased a packet of popcorn at the platform and waved happily at the ticket master.



Grade - 3

Visit to a Retail Store

Grade 3 students were delighted to visit Zehak Medical in order to make their purchases to understand maths in a practical way. Not only did they calculate and make purchases, but they also made thoughtful choices in buying products from the store. They read the Maximum Retail Price (MRP) and food labels, and interacted well with the vendors. A delightful moment occurred when one of the vendors remarked, 'The kids are very smart,' when our student Shlok asked for the bill. The students explored a new place right within the neighbourhood of the school and were thrilled to be there. They returned with some yummy milkshakes, dry fruits, and smiles on our faces.



FIELD TRIPS

Junior Section

Grade – 6

Visit to St Xavier's Resource Centre for the Visually Challenged

Grade 6 students visited the St. Xavier's Resource Centre for the Visually Challenged. The centre works for the students with visual and auditory challenges. The aim of the visit was to get an insight about how the world of technology is assisting students with specific difficulties. The children and teachers were shown a variety of equipment such as specialised keyboards with tactile input and a 'C- pen' reader to help the visually challenged read a physical document. In addition, they were introduced to a variety of software that led them to experience immersive reading. The staff at the centre was enthusiastic and answered all the questions asked by the children patiently. It was a great learning experience and the children look forward to applying their learning.

Grade – 6

Visit to Aditya Birla World Academy



Grade 6 students embarked on an educational project day excursion to the Aditya Birla World School, fostering meaningful interactions with fellow students. They immersed themselves in diverse projects showcasing cultures, eras, and countries, engaging with each exhibit. The visit encompassed insightful displays, including short plays and songs that encapsulated various cultural nuances. Overall, this immersive experience left a profound impact, enriching their understanding and offering a holistic perspective on global diversity and history.

GUEST LECTURE

Junior & Senior Section

Grade – 6

Science - Reproductive System

The Grade 6 students engaged in an enlightening session led by Dr. Ashwini Joshi. This session delved deeply into the intricacies of the Reproductive System, a pivotal component seamlessly integrated into their Science curriculum's exploration of the Human Body. The primary objective of this session was to deepen the students' understanding about the biological system.

Grade – SL2

Home Science - How Life Begins

The objective of inviting Dr. Ashwini Joshi, a gynecologist / obstetrician as a guest lecturer, was to make the students learn and understand prenatal and postnatal care during pregnancy. The students got an opportunity to clear their doubts regarding the entire process of pregnancy and delivery.

CO-CURRICULAR ACTIVITIES

Junior Section

Extracurricular activities are instrumental in nurturing a well-rounded development, extending far beyond academic knowledge. Activities, such as dance, drama, and music, are pivotal in fostering essential skills like teamwork, leadership, time management and social aptitude. Dance, for instance, sharpens skills in rhythm, eye-hand coordination, diverse genre comprehension, balance and active class engagement. Similarly, drama activities enrich one's imagination, physical and verbal expression, confidence and collaborative teamwork. Moreover, music activities finely tune abilities in rhythm mastery, active participation, expressive artistry, attentive listening and the coordination of timing, contributing significantly to an individual's holistic growth.



SCHOOL ASSEMBLIES

Senior Section

Grade - SLI

Festival Celebration - Onam

The students of SLI conducted an assembly on Onam- the harvesting festival of Kerala which is also known as God's own country. The celebration began with lighting the lamp. The students presented a short presentation about the importance of this festival, and how it is celebrated across the state. A group of students also enacted the story behind this festival of King Bali and Lord Vishnu followed by a traditional dance form called Thiruvathira.



Grade - 7

Mental Health Day

The students presented a short role play on the importance of support and guidance regarding mental health concerns followed by a presentation about the importance of mental health in our day to day lives. Grade 7 students engage in regular emotional check-ins in the classroom, and discuss their emotions and feelings. They also encouraged the students and teachers of the school to support one another and spread kindness every day. Students also practiced various breathing and grounding techniques under the guidance of the school counsellor.



Professional Development Reflections

Reset the Day

Conducted by : Ms. Akshada Kulkarni

We all have situations which trigger us to a point that we label the whole day as a bad day. Ms. Akshada Kulkarni's PD helped us learn ways to deal with exactly these moments and "Resetting a bad day". Ditching the conventional mode of having steps written on the slides, she effortlessly eased us into each strategy through reflective questions and interactive activities. Each of these strategies was another creative way of us getting in touch with aspects at our core, that bring a wave of positive emotions, be it whipping up happy memories or taking a moment to practice gratitude and appreciation. The takeaways from this PD will be very helpful for coping with daily life challenges.

-Ms.Sucheta Ravichandran



First Aid & Basic Life Support

Conducted by : Ms. Shivani Tamboli

The first aid session gave us crucial information about being emergency ready. Such information is life saving. Dealing with cuts and burns, bone fractures, cardiac arrest and dehydration were some of the topics covered.

-Ms. Muntaha Barkat



Fire Safety Training

Conducted by : Verizon Safety Services

The fire drill that was conducted was very insightful. We learned about the types of fire extinguishers and how to use them. Furthermore, we learned some steps to take in a crisis as well as some do's and don'ts. This workshop has been very beneficial to me.

-Ms. Anshu Agarwal



Professional Development Reflections

Occupational Therapy session

Conducted by : Occupational Therapy Department

As a result of the interactive nature of the session, the therapists were able to provide insight into the sensory difficulties our children experience. They were exceedingly patient, discussing the cases we shared and offering strategies for us to employ. The knowledge imparted by the therapists was of great value. By implementing the strategies they provided, I am optimistic that we will be able to help our children cope with their difficulties more effectively.

-Ms. Pramila Mankikar



Behaviour Therapy Session

Conducted by : Behaviour Therapy Department

The workshop was enlightening as it reminded us to utilize different strategies in dealing with different kinds of behavioral concerns. Involving activities in the workshop led us to think about what the children would be going through.

-Ms. Fatema Ujjainwala



Youth Mental First Aid Training

Conducted by : Mpower

Mpower organised a Mental Health First Aid workshop on December 9th and 10th, equipping the staff of TABIS with vital skills to offer initial support and tackle the stigma surrounding mental well-being. The program aimed to empower individuals to become mental health first-aiders, fostering a supportive community and contributing to a healthier society.

-Ms. Munazza Siddiqui

The training aimed at empowering attendees with a basic understanding of various mental health issues and how they can provide help. The training touched upon various topics which were backed by examples, videos, and crisp explanations. The participants were also given case studies on different topics which helped them learn through group discussions. The facilitators engaged the participants by making the session interactive and patiently answering their questions. The session was informative and adequately equipped the participants.

-Ms. Akshada Kulkarni





TESTIMONIALS

A big thank you for the amazing experience (Field Trip) which was planned for our children. This experience was not just fun for our child but a great learning experience as well. Because of the 'diagnosis', we parents try to overcompensate for our children and make them 'dependent' on instructions and inevitably that though Suyog Kaka was there, he did most things independently. We are really grateful for all that you do and the efforts you take to let our children experience these events. This will go a long way in building confidence and independence!

Parent of Shaunak Joshi - Senior Section



Wanted to thank all the teachers for a wonderful result at NIOS exams Business Studies and Painting ! This is a result of the efforts of teachers and hard work poured in by Amiya, we are grateful!!!

Parent of Amiya Kalra - Senior Section

